Selective bronchial intubation for unilateral PIE
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A female preterm infant was delivered at 29 1/7 weeks of gestation by cesarean section secondary to maternal pre-eclampsia. Birth weight was 970 g. She was conventionally ventilated and received two doses of surfactant for hyaline membrane disease. On the 5th day of life, she was successfully extubated and required an FiO\textsubscript{2} of 25%. On the 11th day of life, she was noted to have increasing respiratory distress and an FiO\textsubscript{2} requirement of 35%. Chest x-ray (Fig. 1) showed marked unilateral pulmonary interstitial emphysema (PIE). Conservative positioning treatment failed and she continued to deteriorate over the next 48 hours (Fig. 2). On the 13th day of life, selective intubation of the left mainstem bronchus was performed under fiberoptic guidance. Because single lung ventilation with high frequency oscillatory ventilation was not successful, the patient was switched to conventional mechanical ventilation with low tidal volumes (3 ml/kg). Within 24 hours, large areas of the right lung had become atelectatic and most of the PIE had disappeared (Fig. 3). On the 15th day of life, the endotracheal tube was pulled back above the carina and the infant was extubated 3 days later (Fig. 4). There was no recurrence of PIE, and the infant no longer required supplemental oxygen.
CXR on DOL 11: marked PIE with mediastinal shift.
CXR on DOL 12: worsening unilateral PIE.
CXR on DOL 14: after 24 hours of single lung ventilation, the right-sided PIE had regressed greatly.
Fig. 4

CXR on DOL 18: follow-up CXR with no evidence of
PIE is a well-recognized form of air leak in the pre-term infant. Bilateral occurrence is more common, but unilateral presentations have also been described. Frequently, unilateral PIE is progressive leading to significant mediastinal shift and compression of the contralateral lung. Depending on the severity of respiratory and/or cardiovascular compromise, the following treatment options have been suggested in the literature:

1. Conservative treatment by positioning the affected side down
2. Single lung ventilation either by selective bronchial intubation (SBI) or selective bronchial obstruction with a balloon catheter (SBO)
3. Surgery (lobectomy, pneumonectomy)

It is interesting to note that the reported duration of successful single lung ventilation varied between 10 hours and 10 days. Potential complications of single lung ventilation include collapse of the upper lobes of the ventilated lungs, pneumothorax, infection and pressure necrosis of the intubated/occluded bronchus.

See also COTM 12/2002


