



1st DEPARTMENT OF
OBSTETRICS & GYNECOLOGY,
NATIONAL & KAPODISTRIAN
UNIVERSITY OF ATHENS
MEDICAL SCHOOL
DIRECTOR: A. RODOLAKIS



Hellenic
Society
of Perinatal
Medicine

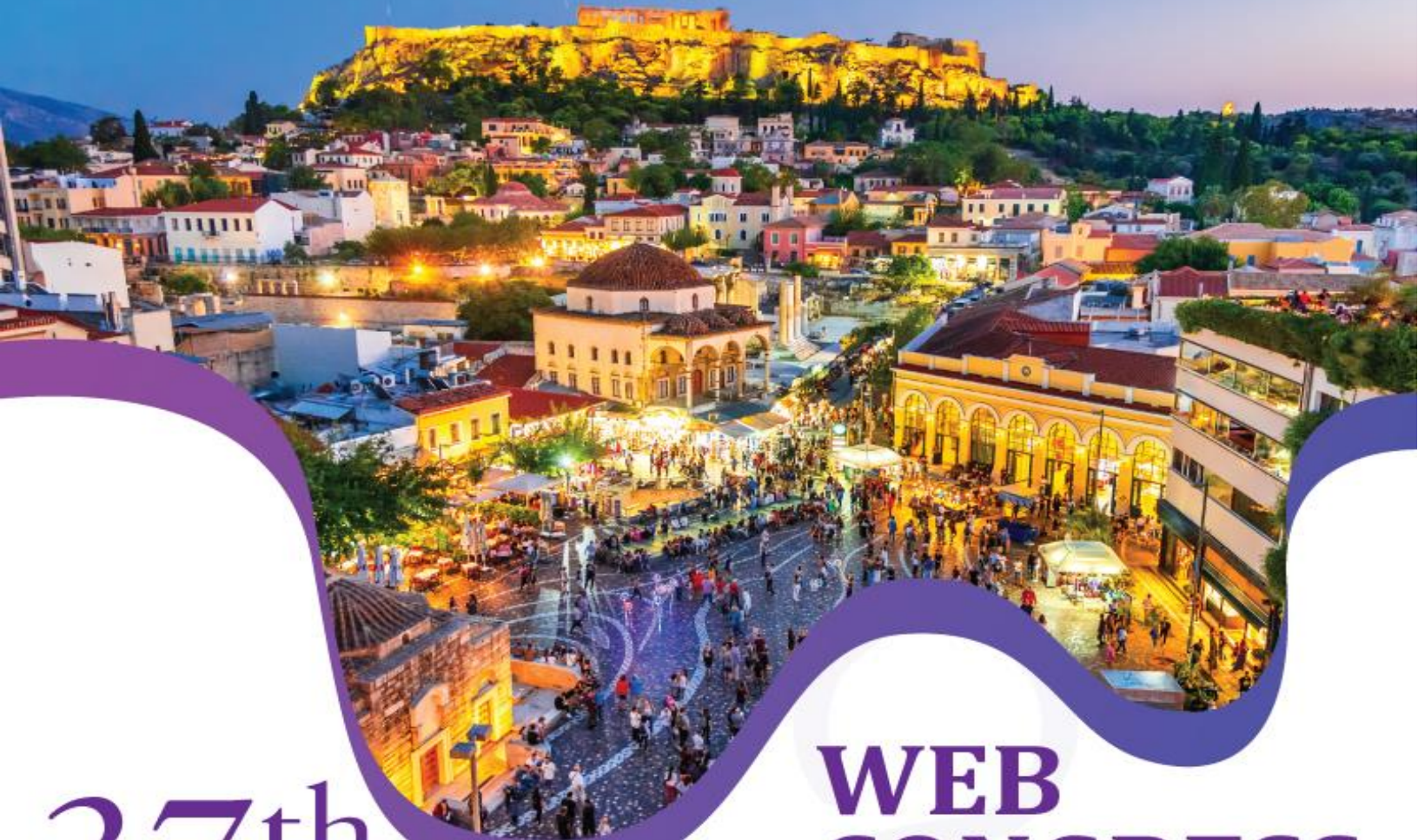


UNDER THE AUSPICE
OF THE MEDICAL SCHOOL

HELLENIC REPUBLIC
National and Kapodistrian
University of Athens
11527 ATHENS



The Fetus
As Patient



37th
CONGRESS

WEB
CONGRESS

OF THE FETUS AS A PATIENT SOCIETY

& 1st
CONGRESS

OF YOUNG SCIENTISTS OF
INTERNATIONAL ACADEMY OF
PERINATAL MEDICINE

Athens-Greece

23-25 April 2021



INVITATION

Dear Colleagues,

It is an honor and great pleasure for us to welcome you to the **37th Congress of The Fetus as a Patient Society and the 1st Congress of young scientists of International Academy of Perinatal Medicine**, which this year due to the **COVID-19** pandemic, will be held only online from **23 to 25 of April 2021**.

The International Society of The Fetus as a Patient is an interdisciplinary gathering of doctors who are devoted to enhancing all parts of fetal determination and treatment.

The International Academy of Perinatal Medicine is a scientific, international and independent nonprofit academic institution for the study, evaluation, dialogue and promotion of Perinatal Medicine across the world. Its main aim is to protect and promote the health of pregnant women, fetal patients, and newborns globally.

We invite you all to participate in this event, as the scientific program promises outstanding international speakers, who will present the most recent advances in the field of Perinatal and Fetal Medicine. All the participants will be able to learn and participate in several topics of the whole spectrum of perinatal and fetal medicine.

Moreover, this year, for the first time, young scientists will have the opportunity to demonstrate their work and be candidates for the Asim Kurjak award which will be presented to the winning writing team by **Prof. A. Kurjak**.

On behalf of the **Organizing Committee**, we are looking forward to welcoming you in this meeting.

With kind regards

George Daskalakis

President of the Congress

Frank Chervenak

*President of
The Fetus as a Patient Society*

Asim Kurjak

*President of the International
Academy of Perinatal
Medicine*



LOCAL ORGANIZING COMMITTEE

President: George Daskalakis

Vice president: Panos Antsaklis

Members:

Fani Anatolitou	Pelopidas Koutroumanis	Maria Simou
Aris Antsaklis	Irenia Loukatou	Michael Sindos
George Asimakopoulos	Aikaterini Lykeridou	Athena Souka
Antonia Charitou	Athina Moutafi	Klara Stamouli
Aikaterini Domali	Perma Panani	Sofoklis Stavrou
Petros Drakakis	George Papadopoulos	Zelina Stratiki
Makarios Eleftheriades	Vasilios Pergialiotis	Marianna Theodora
Kleanthi Gourounti	Panagiotis Petropoulos	Nikolaos Thomakos
Themistoklis Grigoriadis	Alexandros Rodolakis	Ioanna Tsoumprou

THE FETUS AS A PATIENT SOCIETY

President: F.A. Chervenak (USA)

Past President: A.Kurjak (Croatia)

Vice Presidents: I. Zalud (USA), R. Vladareanu (Romania)

G. P. Mandruzzato (Italy), W. Holzgreve (Switzerland)

Secretary: S. Kupesic (Croatia)

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A. Ebrashy (Egypt)	N. Papantoniou (Greece)	
M.I. Evans (USA)	Z. Papp (Hungary)	
	R.K. Pooh (Japan)	



THE FETUS AS A PATIENT SOCIETY

Honorary members

S. Arulkumaran (UK)	G. Kossoff (Australia)	M. Uzan (France)
L. Cabero (Spain)	R.N. Laurini (Sweden)	K. Vairojanavong (Thailand)
S. Campbell (UK)	S. Levi (Belgium)	H.P. Van Geijn (The Netherlands)
Y. Chiba (Japan)	K. Marsal (Sweden)	D. Weinstein (Israel)
S. Eik-Nes (Norway)	N. Montenegro (Portugal)	J.W. Wladimiroff (The Netherlands)
M.S. Golbus (USA)	H. Nakano (Japan)	Y. Ho Yang (S. Korea)
E. Gratacos (Spain)	J. Newnham (Australia)	I. Zador (USA)
M. Hansmann (Germany)	K. Nicolaidis (UK)	
M. Harrison (USA)	B. Sachs (USA)	
P. Jouppila (Finland)	H. Takeuchi (Japan)	
C. Kim (S. Korea)	S. Uzan (France)	

INTERNATIONAL ACADEMY OF PERINATAL MEDICINE (IAPM)

President: Asim Kurjak (Croatia)

Past-President: Erich Saling (Germany)

Secretary General: Frank A. Chervenak (USA)

**Vice-Presidents: Serge Uzan (France), Ritsuko K. Pooh (Japan),
Eberhard Merz (Germany), Apostolos Papageorgiou (Canada)**

Treasurer: Vincenzo D'Addario (Italy)

Regular Members

Arnaldo Acosta (Paraguay)	Amos Grunebaum (USA)	Manuel Sanchez Luna (Spain)
Aris J. Antsaklis (Greece)	Asim Kurjak (Croatia)	Ola D. Saugstad (Norway)
Badreldeen Ahmed (Qatar)	Mark Kurtser (Russia)	Joseph J. Schenker (Israel)
Birgit Arabin (Germany)	Eberhard Merz (Germany)	Cihat Sen (Turkey)
Abdellatif Ashmaig (Sudan)	Giovanni Monni (Italy)	Bernat Serra (Spain)
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Marina Degtyareva (Russia)	Ritsuko Pooh (Japan)	Liliana Voto (Argentina)
Jan A.M. Deprest (Belgium)	Giuseppe Rizzo (Italy)	Miroslaw Wielgos (Poland)
Joachim Dudenhausen (Germany)		Ivica Zalud (USA)



Invited Speakers

Adra Abdallah - Lebanon
Arabin Birgit - Germany
Berceanu Costin – Romania
Chervenak Frank – USA
Esin Sertac – Turkey
Grebernikova Olga – Russia
Juras Josip – Croatia
Khallil Asma – UK
Kurjak Asim – Croatia
Kyvernitakis Jannis – Germany
Matias Alexandra – Portugal
McAuliffe Fionnuala – Ireland
Merz Eberhard – Germany
Pashaj Sonila – Albania
Serra Zantop Bernat - Spain
Spalldi Lara – Croatia
Stanojevic Milan – Croatia
Vatish Manu - UK
Volpe Nicola – Italy
Wielgos Miroslaw - Poland



Preliminary Scientific Program

Friday 23/4/2021

- 14:00-14:15 **Introduction-Welcome**
- 14:15-16:30 **SESSION I**
Chairmen: Botsis D., Deligeoroglou E., Siristatidis H.
- 14:15-14:30 How do you counsel women about NIPT & Molecular genetics: is NT enough?
Sifakis S.
- 14:30-14:45 Oral Presentations x 2
- 14:45-15:00 NIPT: Failures, multiple pregnancies, discordant results, sex chromosome anomalies: how to deal with difficult cases.
Kitmiridis S.
- 15:00-15:15 Management of TAPS and TRAP.
Simou M.
- 15:15-15:30 Developmental and fetal origins of differences in monozygotic twins: from genetics to environmental factors.
Matias A.
- 15:30-15:45 The prediction of TTTS and sIUGR in monochorionic diamniotic twin pregnancies.
Eleftheriades M.
- 15:45-16:00 Discordant anomaly in twins.
Khalil A.
- 16:00-16:15 3D/4D Sonography: the abnormal fetal face in different syndromes.
Merz E.
- 16:15-16:30 Discussion
Fotinopoulos P., Kondylios A., Tziotis J.
- 16:30-16:45 Break**
- 16:45-19:15 **SESSION II**
Chairmen: Farmakides G., Kanaka-Gantenbein Ch., Rodolakis A.
- 16:45-17:00 Management of increased nuchal translucency with normal karyotype: Should we bring anomaly scan forward in these cases?
Garas A.
- 17:00-17:15 Oral Presentations x 2
- 17:15-17:30 How isolated is "isolated" corpus callosum agenesis: the contribution of US and MRI.
Papadopoulos V.
- 17:30-17:45 Screening for preeclampsia in the 1st trimester.
Makrydimas G.
- 17:45-18:00 Prevention of preterm preeclampsia: Hype or Hope?
Adra A.



- 18:00-18:30 **Satellite Lecture – Sponsored by Roche Diagnostics**
Early onset preeclampsia and complications.
Case studies with the sFlt-1/PIGF ratio.
Vatish M.
- 18:30-18:45 How can we improve tragic situation with maternal mortality in developing countries.
Kurjak A.
- 18:45-19:00 Ethical lessons learned from the COVID-19 pandemic.
Chervenak F.
- 19:00-19:15 Discussion
Papastefanou J., Sarikostas D., Syndos M.



Saturday 24/4/2021

- 09:30-12:00 **SESSION III**
YOUNG SCIENTISTS
Chairmen: Anatolitou F., Kalantaridou S., Thomakos N.
- 09:30-09:45 New guidelines on antenatal corticosteroids.
Daglis Th.
- 09:45-10:00 Oral Presentations x 2
- 10:00-10:15 A novel method for predicting preterm birth: Fetal Nasal Doppler.
Esin S.
- 10:15-10:30 Pregnancy and HPV infection.
Pappa K.
- 10:30-10:45 Pharmacological approach in the management of preterm delivery.
Juras J.
- 10:45-11:00 Neurophysiological assessment in NICU. Who and when to assess and which method to choose.
Grebennikova O.
- 11:00-11:15 The optimal rate of Cesarean delivery: should this be a criterion for evaluation of obstetric service?
Koutroumanis P.
- 11:15-11:30 The power of the fetal brain.
Spalldi L.
- 11:30-11:45 First trimester fetal brain.
Volpe N.
- 11:45-12:00 Discussion
Anastasakis E., Aravantinos L., Papadopoulos G.
- 12:00-12:15 Break**
- 12:15-14:15 **SESSION IV**
Chairmen: Antonakis G., Drakakis P., Makrygiannakis A.
- 12:15-12:30 Risk factors and consequences of maternal obesity: Which interventions might help to reduce health risks for the offspring?
Arabin B.
- 12:30-12:45 Low PAPP and PLGF in the 1st trimester. What are the next steps?
Athnasiadis A.
- 12:45-13:00 Are IVF pregnancies different?
Daskalakis G.
- 13:00-13:15 Thromboembolic disease in pregnancy. A frequently neglected entity.
Serra Zantop B.
- 13:15-13:30 Congenital infections: New guidance.
Khalil A.
- 13:30-13:45 Oral Presentations x 2
- 13:45-14:00 Fetal growth trajectories and modifying maternal and fetal factors.
McAuliffe F.
- 14:00-14:15 Discussion
Benardis P., Galazios G., Vakas P.



- 14:15-15:00 Break**
- 15:00-17:00 SESSION V**
Chairmen: Daponte A., Papantoniou N., Tsoia M.
- 15:00-15:15 Oral Presentations x 2
 15:15-15:30 Preterm labour: how to predict and how to prevent.
Souka A.
- 15:30-15:45 Preterm premature rupture of membranes.
Stefos T.
- 15:45-16:00 Limits of viability: Is it universal?
Stanojevic M.
- 16:00-16:15 Late preterm vs early term neonates. Neonatal outcome.
Pervanidou P.
- 16:15-16:30 Reduction of maternal stress and increasing stress resilience to avoid harmful sequelae for the offspring.
Arabin B.
- 16:30-16:45 TBA
TBA
- 16:45-17:00 Discussion
Protopapas A., Psara A., Siahnidou S.
- 17:00-17:15 Break**
- 17:15-19:15 SESSION VI**
Chairmen: Loutradis D., Lykeridou A., Vlahos N.
- 17:15-17:30 Oral Presentations x 2
 17:30-17:45 Fetal uropathies and interventions.
Kyvernitakis J.
- 17:45-18:00 Demonstration of normal and abnormal early human development by means of 3D/4D ultrasound.
Merz E.
- 18:00-18:15 Pregnancy after 40. Is there any increased risk?
Antsaklis A.
- 18:15-18:30 Planned home birth. It can be a woman's choice.
Gourounti K.
- 18:30-18:45 Planned home birth: A challenge to perinatal medicine.
Chervenak F.
- 18:45-19:00 How ultrasound helps in re-clarification of the philosophical, ethical, legal and scientific controversies on the beginning of human life.
Kurjak A.
- 19:00-19:15 Discussion
Dekavalas G., Nikolettos N., Varvarigos I.
- 19:15 **HONORARY MEMBERS PROCLAMATION OF THE HELLENIC SOCIETY OF PERINATAL MEDICINE**
 Kurjak A.: Daskalakis G.
 Chervenak F.: Antsaklis P.



Sunday 25/4/2021

09:30-12:00 **SESSION VII**

YOUNG SCIENTISTS II

Chairmen: Charitou A., Domali A., Grigoriadis T.

- 09:30-09:45 Agenesis of the ductus venosus: prenatal diagnosis and perinatal outcomes.
Antsaklis P.
- 09:45-10:00 Oral Presentations x 2
- 10:00-10:15 Diagnostic performance of ultrasound in prenatal diagnosis of placenta accrete.
Theodora M.
- 10:15-10:30 The placenta in pregnancy associated diabetes.
Berceanu C.
- 10:30-10:45 Oral Presentations x 2
- 10:45-11:00 Improper use of meta-analyses.
Sotiriadis A.
- 11:00-11:15 The real value of meta-analyses.
Pergialiotis V.
- 11:15-11:30 How to perform the diagnosis of midline malformations of the fetal brain.
Pashaj S.
- 11:30-11:45 First trimester fetal heart.
Volpe N.
- 11:45-12:00 Discussion
Anastasopoulos P., Skentou Ch., Sotiriou S.

12:00-12:15 **Break**

ASIM KURJAK YOUNG SCIENTIST AWARD

12:15-14:15 **SESSION VIII**

Chairmen: Alexopoulos E., Dinas K., Mataliotakis I.

- 12:15-12:30 Pregnancy in women with heart disease.
Mamopoulos A.
- 12:30-12:45 What is the chance for pathogenic chromosomal microarray analysis results in structurally normal fetuses?
Pilalis A.
- 12:45-13:00 Novelties in non-invasive fetal testing: What every obstetrician needs to know.
Adra A.
- 13:00-13:15 Intrauterine spina bifida repair - Polish experience.
Wielgos M.
- 13:15-13:30 Impact of high maternal BMI on fetal health
McAuliffe F.
- 13:30-13:45 Neonatal resuscitation: 2020 guidelines.
Iakovidou N.
- 13:45-14:00 Assessing situs and the venous system: rare but easy to miss.
Gerede A.
- 14:00-14:15 Discussion
Iliodromitou Z., Kalmantis K., Moutafi A., Zavlanos A.

14:15-14:30 **Conclusions**



TOPICS

- How to perform the diagnosis of midline malformations of the fetal brain
- First trimester fetal brain
- Diagnostic work-up of borderline ventriculomegaly
- A novel method for predicting preterm birth: Fetal Nasal Doppler
- Pharmacological approach in the management of preterm delivery
- The optimal rate of Cesarean delivery: should this be a criterion for evaluation of obstetric service?
- Neurophysiological assessment in NICU. Who and when to assess and which method to choose
- Limits of viability: is it universal?
- Induction of labor
- Discordant anomaly in twins
- Developmental and fetal origins of differences in monozygotic twins: from genetics to environmental factors
- Late preterm vs early term neonates. Perinatal outcome
- Planned Home Birth: A Challenge to Perinatal Medicine
- How long should the second stage of labor last?
- How can we improve tragic situation with maternal mortality in developing countries
- Physicians as Targets: Professional Response to Malpractice and Violence
- Mother friendly hospital initiative in Croatia: human rights issue?
- First trimester fetal heart
- Growth discrepancy in monozygotic twins: an update
- Humility: A Neglected Virtue in Perinatal Medicine
- Congenital infections: new guidance
- How ultrasound helps in reclarification of the philosophical, ethical, legal and scientific controversies on the beginning of human life
- Practical challenges in the sonographic evaluation of the umbilical cord



ABSTRACT SUBMISSION GUIDELINES

E- poster Presentations

Deadline submission: April 2, 2021

IMPORTANT

- “Asim Kurjak” award of 1000,00 €, will be awarded for the best young scientist presentation (selected abstracts).
- The deadline for abstract submission is **April 2, 2021**

Upload your abstract as a pdf document – Maximum abstracts per author: **2**

Please name your documents as follows: **“last name_first name_Fetus2021”**

ABSTRACT SUBMISSION GUIDELINES

1. Please submit your abstract through the online platform (you can either upload a pdf file or type as a text in the filed text box.) Abstracts submitted via fax or via regular mail will NOT be accepted.
2. Allocated time for oral presentations is 8 minutes plus 2 minutes for discussion.
3. The abstracts will be accepted under the condition that at least one of the authors has registered for the congress.
4. Correct receipt of the abstract will be confirmed via e-mail.
5. Maximum abstracts per author: 2

GUIDELINES FOR AUTHORS

The abstracts will be published as copy of the original text, so please follow the instructions below:

- Format: Microsoft Office Word
- Language: English
- Abstract text word limit: 200 words (names and affiliation details are not included)
- Suggested font: Tahoma, size 10 cpi
- Text alignment: Justified
- Abstract title typed in: UPPER CASE
- Authors: full name (last name first) followed by initials and affiliation should follow the title of the abstract. The presenting author’s name must be underlined.

The abstract should include the following:

- Introduction
- Objective
- Material and methods
- Results
- Conclusions



Registrations

REGISTRATION CATEGORY	FEE
Participants	60€
Trainees*	30€
Midwives-Nurses*	30€
Students*	free

Registration fees do not include 24%VAT.

*Proof of status is required for final confirmation for: Trainees, Midwives-Nurses and Students. Please send by email to md@mdcongress.gr, a certification of your profession (letter from the clinic, student ID). Free registration is for pre-graduate students and maximum 28 years of age.

Participants and trainees registration fee includes:

- Participation of the Scientific Program
- Certificate of attendance

General Information

MEETING DATES:

Friday 23, Saturday 24 and Sunday 25 April 2021

OFFICIAL LANGUAGE:

English

CERTIFICATE OF ATTENDANCE:

Certificate of attendance will be provided to the Congress participants.

SPONSORS:

For more information and sponsor's booklet please contact mg@mdcongress.gr

SECRETARIAT



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